

The Minimalist

CREATE ANYWAY BOOK CLUB

GOOD FOR: The no-fuss mom who is short on time and needs book club to be simple.

THE VIBE: Present over perfect. One night, your living room. Everyone comes over in pajamas and you serve store-bought cookies. Cozy. Low maintenance. Easy, breezy.



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Questions

1. How did you view creativity *before* reading this book?
2. Which chapter spoke to your heart the most?
3. Did anything in this book surprise you?
4. What permission slips do you need most in this season of life?
5. Have you ever experienced imposter syndrome in your creativity? What about in your motherhood?
6. When it comes to creativity, what do you fear the most?
7. In what areas do you struggle with comparison? Be gut-wrenchingly honest. How might you work toward throwing glitter in those very places?
8. When was the last time you suffered from a scarcity mindset?
9. Do you have any “ladybugs” in your life? Where have you witnessed God’s hand in your creative journey?
10. Do you struggle with accepting help? Why or why not?
11. Can you think of a time when you thought a circumstance would be a waste—of time, money, resources, etc.—but now, looking back, you can see how God wove meaning and purpose into that situation?
12. When was the last time you allowed yourself to play?
13. Has an obsession with metrics ever plagued your motherhood? What about your art?
14. How do you experience rest?
15. Where will you go from here? How will you create anyway?

BONUS: Speak a hidden creative dream out loud.